

Osteopathy

As described by the General Osteopathic Council, osteopathy is a system of diagnosis and treatment for a wide range of medical conditions. It works with the structure and function of the body, and is based on the principle that the well-being of an individual depends on the skeleton, muscles, ligaments and connective tissues functioning smoothly together.

Paediatric Osteopathy



This is a specialised form of Osteopathy, requiring extensive post graduate training. It uses gentle osteopathic techniques specifically for treating babies, children, teens and perinatal mums. Paediatric osteopaths look beyond conditions and take a holistic approach to a patient, using manual techniques to restore, maintain and support health and well-being. We don't use any single osteopathic technique - we draw on the relevant approaches that are gentle enough for babies and children, providing treatment that's as individual as the patient. In young patients, the methods used are nearly always very gentle, but nonetheless powerful, requiring specialist skill and knowledge.

Local paediatric osteopathists include :-

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